SRCS MENU (Summer)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast Mon to Sat 7:45 Sun-9	Bournvita Milk Cornflakes Toast, Butter, Jam, Veg Sandwich Veg Cutlet, Boiled Egg	Bournvita Milk Porridge Toast, butter, jam, Chole Kulcha, Seasonal Cut Fruit	Bournvita Milk Cornflakes Stuffed paratha, curd, poha, Omlette, Toast, Butter	Bournvita Milk Porrige Puri Black Channa French Toast Cut fruit	Bournvita Milk Conflakes Vada /idli Sambar, chutney, Fried Egg Paneer Bhurji, Toast.	Bournvita Milk Porridge, Besan Chila Egg Bhurji, Toast, Butter	Milk Cornflakes (Chocos) Paneer/Chicken sandwich Plain Paratha, Bhaji, Toast, Butter
Break Share Mon to Fri – 10:05 am Sat – 10:15 am	Tea/Coffee - Staff Nimbu Pani Upma	Tea/Coffee-Staff Roohafza Bun Tikki/Sandwich	Tea/Coffee- Staff Jal Zeera Bread Pakoda/Paties M3	Tea/Coffee- Staff Roohafza Poha	Tea/Coffee- Staff Lichi squash Aloo Bonda/muffin	Tea/Coffee- Staff Nimbu Paani Samosa	
Lunch 12:45 pm 1:35 pm	Chole Puri Pumpkin Rice, Mixed Pickle Salad Gulab Jamun _____ Nutri keema muttar	Kadi, Rice, Roti, Zeera Aloo Halwa (Suji)	Rajma, Chawal Seasonal Veg, raita Roti, kheer	Mutter Paneer, Dal, Rice, Roti, Salad Mung dal Halwa	Pasta, Vegetable sauté, Bread and Butter/ Noodles, fried rice, veg munchurian Fruit custard/Ice Cream	Vegetable Biryani, raita Veg, Roti Shahi Tukra	Chicken Biryani, Paneer Biryani Mix Raita, Butter Chicken, Paneer tikka Masala, Naan/Tandoori Roti Ice cream
Fruit – 3:50 pm	Fruit (seasonal)	Fruit(seasonal)	Fruit(seasonal)	Fruit(seasonal)	Fruit(seasonal)		
Evening Snack 5:15 pm (m–f) 5:30 pm(sat) 5 pm(sun)	Juice Veg Burger	Juice French Fries	Juice Grilled cheese sandwich	Juice Mix pakoda	Juice Pizza	Tea/Coffee/biscuits & Tuck Shop	Juice Maggi
Dinner 7:30 pm	Fried Chicken Dry Chilli Paneer Honey chilli potato Bread, Butter Fruit cream	Paneer Butter Masala Tawa Veg, Rice, Roti, Dal Sewain	Mutton Curry, Malai Kofta Rice/Roti Dal Gulab Jamun	Seasonal Vegetable Rice/Roti Dal Halwa	Chicken Kali Mirch Paneer Pasanda Yellow Dal, Rice/Roti Moong dal Halwa	Chicken Curry, Kadai Paneer Aloo Muttar, Rice/Roti sewain	Bengan Bharta Dum Aloo Kashmiri Dal Makhani, Rice/Roti Kheer
9.30 pm	Night Milk	Night Milk	Night Milk	Night Milk	Night Milk	Night Milk	Night Milk