



The chilly month of October brought about refreshing change at SRCS. The September Midterm Excursions provided the students with much needed relaxation. Enthusiasm filled the air as students braced themselves for a busy month ahead.

October was packed with interesting and exciting events. The activities of all classes were amazing, packed with fun and excitement that was well integrated with learning. The Inter House Commerce and Science Quizzes were events which most SRCS students eagerly looked forward to. Rainbow's Sports Meet was a huge success where the Rainbow students enjoyed every race with passion and excitement.

Founder's Day preparations got into full swing. The teacher's in charge and students involved in various plays, skits, songs and dances started putting in hours of practice, honing their skills to entertain the guests and parents.

- Shaurya Mehta

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Naturally creative

"Being creative is not a hobby. It's a way of life."

-Anonymous

On the 5th of October, 2018, an Art and Craft Exhibition was held for the students of classes M2 to 5. Beautiful art and craftwork made by the students of classes M2-5 was on display. This year's theme was **Nature**. Students put up their work on display to be enjoyed by the lovers of Art.

The exhibition was held to provide a platform for children to display their talent. It boosted their confidence when they got appreciation and acknowledgement for their creative talent.

Some of the techniques used by the students were Blow Painting, Spray Painting, Thread Painting, Block Printing, Leaf Printing, Vegetable Printing, Paper Folding and many more. The work of the students was much appreciated by the parents, teachers, and the School Board. This exhibition was a success due to the hard work of Mrs. Seema Dhanola, Mrs. Shobha Gurung and the young budding artists.

- Aryan Singh and Suryaansh Maithani

Scientific Curiosity

“The good thing about science is that it's true whether or not you believe in it.”

— Neil deGrasse Tyson

On the 9th of October, an Inter-House Science Quiz was organised for the students of grades 6 to 8, in order to boost their curiosity towards Science. The quiz was based on all the three sciences- Physics, Chemistry and Biology.

The quiz consisted of four rounds. Round One was about General Science. In the second round, participants had to Identify Famous Personalities related to the various fields of science. The third round was the Rapid Fire Round, in which the participants were given 5 questions each, and the fourth round consisted of Science Riddles. The results of the Inter House Science Quiz was as follows.

1st Place - Griffin House

2nd Place - Unicorn House

3rd Place – Phoenix House

4th Place – Sphinx House

The Science Quiz was a huge success, which once again proved to be a learning experience for not just the participants but also the audience. This year's Science Quiz could not have been a success without the hard work of Ms. Seetha Sekar.

- Aryan Singh

“The Science of today is the technology of tomorrow”

-Edward Teller

On Thursday, October 11, 2018 an Inter House Science Quiz was held for classes 9 to 12. Students from different houses participated in this event. Each house sent 4 students to participate in the quiz. The quiz was divided into 4 sections

1. Picture Based Round

2. Nobel Prizes Round

3. Space Agency Round

4. Ancient Indian Science Round

In the Picture Based round, questions were asked by showing pictures. The Nobel Prizes round had questions related to the Indian Nobel Prizes as well as the current year prizes. Questions related to NASA & ISRO were asked in the Space Agency Round. The Ancient Indian Science Quiz was based on the overwhelming contribution of Indian scientists in the fields of Biology, Chemistry, Physics and Mathematics.

The results of the Inter House Senior Science Quiz was as follows:

1st Place - Griffin House

2nd Place - Unicorn House

3rd Place - Sphinx House

This quiz could not have been possible without the help and support of Mr. Sunil Kumar and Mr. Harshit Sundriyal.

- Suryaansh Maithani



Rainbows lift the spirit

Gold medals aren't really made of gold. They're made of sweat, determination and a hard to find alloy called guts.

Apart from commemorating victories, Sports Meets also aim at imparting lessons on sportsman spirit. The much awaited Annual Sports Day for the Rainbows was held on Wednesday, 17th October 2018. The fantastic turnout from the parents and the pleasant weather were the perfect boost for the students. Col. Mandeep Rathore, the Chief Guest for the ceremony took the salute of the impressive Rainbow March Past. The energizing exercise drills set the tone for the rest of the events.

The students of class 3 demonstrated that practicing yoga comes with many benefits for both mental and physical health. It incorporates breathing exercises, meditation and poses designed to encourage relaxation and reduce stress.

Judo students demonstrated strength and flexibility, excellent coordination and increased self confidence. The children showcased the skills and exercises practiced in judo. Once the races began, the air was filled with cheering and tons of encouragement for the young athletes. This year the races were thematic keeping in mind the need for a clean environment. Fun time with Musical Chair and Three Legged Race for the parents added to the fun and enjoyment.

The day ended with our honourable Chief Guest Col. Mandeep Rathore congratulating the winners with medals and certificates.

- Ms. Preeti Bansal



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