

**Shri Ram Centennial School**  
**Mess Menu for Week 1 & Week 3**

Day	Breakfast	Morning Snack (Residential & Day Boarders)	Lunch (Residential & Day Boarders)	Evening Fruit (Residential & Day Boarders)	Evening Tea	Dinner	Night Milk
Monday	Cornflakes, Cold Flavoured Milk, Tea/Coffee, Aloo Puri, Boiled eggs, Plain toast, Butter & Jam, Seasonal Fruits	Patties, Squash	Arhar Daal, Mix Veg, Chapati, Rice, Salad, Papad, Veg Raita, Kheer	Seasonal Fruit	Plain Maggi, Squash	Dhaba Style Paneer, Tawa Chicken, Masoor daal, Beans aloo, Chapati, Rice, Mix salad, Gulab Jamun	Bournvita Milk
Tuesday	Chocos, Cold Bournvita Milk, Tea/Coffee, Mutri Kulcha, Plain toast, Butter & Jam, Seasonal Fruits	Aloo Parantha, Squash	Kadhi Pakkoda, Jeera Aloo, Mix salad, Rice, Chapati, Eggless Pastry	Seasonal Fruit	Grilled Cheese Sandwich, Cold Coffee	Kadhai Paneer, Arhar Daal, Louki masala, Chapati, Rice, Raita, Mix salad, Papad, Atta Halwa	Bournvita Milk
Wednesday	Cornflakes, Cold Flavoured Milk, Tea/Coffee, French Toast, Daal Kachori, Aloo Tamatar Curry, Heeng Dahi, Seasonal Fruits	Samosa, Squash	Rajma, Matar paneer, Chapati, Rice, Mix salad, Raita, Ice cream	Muffin	Kaala Chana chaat, Tang	Chicken Keema, Masala Paneer, Moong Daal, Capsicum aloo, Chapati, Rice, Mix salad, Papad, Choco Lava	Bournvita Milk
Thursday	Cornflakes, Cold Bournvita Milk, Tea/Coffee, Paneer Onion Parantha, Pickle, Dahi, Butter, Porridge	Red sauce pasta, Squash	Chole Puri, khatta meetha kaddu, Rice, Mix salad, Papad, Boondi Raita, Balushahi	Seasonal Fruit	Paneer kathi roll, Squash	Onion Tomato vegetable, Chana Daal, Veg kofta curry, Chapati, Rice, Mix salad, Raita, Jalebi	Bournvita Milk
Friday	Chocos, Cold Flavoured Milk, Tea/Coffee, Pav Bhaji, Plain toast, Peanut Butter & Jam, Vegetable Omelet	Moong daal chilla, Squash	Surprise menu	Cupcake	Veg grilled sandwich, Oreo shake	Amritsari Murgh, Matar Paneer, Seasonal veg, Arhar Daal, Chapati, Rice, Mix salad, Truffle Pastry	Bournvita Milk
Saturday	Cornflakes, Bournvita Milk, Tea/Coffee, Onion Parantha, Egg & Paneer Bhurji, Plain toast, Butter & Jam	Chana Chaat, Squash	Mix daal, Seasonal veg, Chapati, Rice, Salad, Boondi Raita, Shahi tukda	Seasonal Fruit	Tuck Shop	Chicken Biryani, Veg Biryani, Raita, Gravy, Seasonal fruits	Bournvita Milk
Sunday	Cornflakes, Cold Flavoured Milk, Tea/Coffee, Chilli Chicken & Paneer Grilled Sandwich, Macaroni, Seasonal Fruits	N/A	Chole Bhature, Sirka Onion, Rasmalai	Seasonal Fruit	Honey Chilli Potato, Thandai	Tawa Chicken, Shahi Paneer, Tandori Roti, Butter Naan, Daal Makhani, Rice, Mix salad, Ice Cream	Bournvita Milk

**Shri Ram Centennial School**  
**Mess Menu for Week 2 & Week 4**

Day	Breakfast	Morning Snack (Residential & Day Boarders)	Lunch (Residential & Day Boarders)	Evening Fruit (Residential & Day Boarders)	Evening Tea	Dinner	Night Milk
Monday	Chocos, Cold Flavoured Milk, Tea/Coffee, Boiled Egg, Veg Parantha, Pickle, Dahi, Plain Toast, Butter & Jam	Veg Biryani, Raita, Squash	Paneer butter masala, Amritsari Daal, Chapati, Rice, Cucumber salad, Papad, Veg Raita, Brownie	Seasonal Fruit	Spicy Maggi, Squash	Home Style Chicken, Kadhai Paneer, Urad Daal, Baigan bharta, Chapati, Rice, Mix Salad, Boondi Raita, Eggless Blueberry Pastry	Bournvita Milk
Tuesday	Cornflakes, Cold Bournvita Milk, Tea/Coffee, Pav Bhaji, Onion Salad, Seasonal Fruits	Stuffed Paratha, Squash	Daal Makhani, Aloo Latpata, Rice, Chapati, Mix salad, Cucumber Raita, Papad, Gulab Jamun	Seasonal Fruit	Bhelpuri, Squash	Shahi Paneer, Arhar Daal, Seasonal Veg, Chapati, Rice, Mix Salad, Boondi Raita, Papad, Atta Halwa	Bournvita Milk
Wednesday	Chocos, Cold Bournvita Milk, Tea/Coffee, Omelet, Plain paratha, Aloo Tamatar Curry, Plain toast, Butter & Jam, Seasonal Fruits	Bread Pakora, Squash	Soya Keema Matar, Kaala chana gravy, Rice, Chapati, Mix salad, Boondi Raita, Cut fruit	Muffin	Peri Peri French Fries, Cold Coffee	Mutton Biryani, Kashmiri Dum Aloo, Daal fry, Chapati, Rice, Raita, Mix Salad, Fruit Cream	Bournvita Milk
Thursday	Cornflakes, Cold Flavoured Milk, Tea/Coffee, Chole Puri, Plain toast, Butter & Jam, Seasonal Fruits	Veg Upma, Squash	Surprise Menu	Seasonal Fruit	Paneer Kathi Roll, Salted Butter Milk	Matar Paneer, Amritsari Dal, Onion Tomato veg, Chapati Rice, Mix Salad, Boondi Raita, Jalebi	Bournvita Milk
Friday	Cornflakes, Cold Bournvita Milk, Tea/Coffee, Egg & Paneer Bhurji, Plain Parantha, Plain toast, Butter & Jam	Onion Parantha, Squash	Daal Tadkha, Mix Veg, Papad, Rice, Chapati, Mix salad, Boondi Raita, Ice Cream	Cupcake	Veg Grilled Sandwich, ChocoShake	Chicken Chettinad, Sabut Masoor Daal, Paneer Kolhapuri, Chapati, Rice, Mix Salad, Raita, Sweet Sevai	Bournvita Milk
Saturday	Chocos, Bournvita Cold Milk, Tea/Coffee, Aloo Parantha, Half-Fried Egg, Plain toast, Butter & Jam	Samosa, Squash	Pav Bhaji, Onion salad, Fruit Custard	Seasonal Fruit	Tuck Shop	Afghani Chicken, Bindhi, Afghani Paneer, Mix Daal, Chapati, Rice, Mix salad, Bakery Sweet	Bournvita Milk
Sunday	Cornflakes, Cold Flavoured Milk, Tea/Coffee, Chilli Chicken & Paneer Grilled Sandwich, Macaroni	N/A	Aloo Matar, Arhar Daal, Rice, Chapati, Mix salad, Mix Raita, Papad, Rasmalai	Seasonal Fruit	Cheese Garlic Bread, Tang	Butter Chicken, Kadhai Paneer, Chapati, Garlic Naan, Rice, Mix Salad, Cucumber Raita, Ice Cream	Bournvita Milk